



# "CHAT and CHEW"

Would you like the opportunity find out more about your Orff Levels Training, Scholarships, the National Orff, Conference, the AZ Orff Chapter, and/or network with other workshop participants?

*(Since we really shouldn't be catching up in the middle of the workshop anyway!)*

Are you tired of dealing with traffic and the hassle of trying to find the right place to eat during our lunch break only to end up having to eat too quickly and still end up late for the afternoon session of a fantastic workshop?

Does the idea of packing your own lunch.... yet again... seem to have lost its appeal?

**Well, then order a sandwich or salad from AZ Bread Co. from our "CHAT and CHEW" lunch menu and spend your lunchtime relaxing at Niño's and chatting with fellow "Orffers."**

All lunches cost \$10.00 (cash only) and include your choice of a sandwich or salad and a drink.

Lunches must be ordered by 9:00 a.m. on the day of the workshop and will be delivered to workshop by noon!

For more info or to order, please visit Joshua Block at the Resource Table by the front door.

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## - Menu -

*\$10.00 (Cash Only) - Order by 9:00 a.m.*

### Sandwiches

#### *El Pavo*

Turkey, Honey Smoked Bacon, Avacado, Tomato, Lettuce, Smoked Mozzarella, on Challah Roll. Comes w/ a side of Pasta Salad

#### *Tuna*

Tuna, Swiss, American, Tomato, on European Rye Bread w/ a side of Pasta Salad.

#### *The Tempe (Panini)*

Provolone, Aged Swiss, American Cheese, Tomato, on grilled Italian Bread.

### Salads

#### *Garden Salad*

Fresh Greens, Tomato, Cucumbers, and Mushrooms.

#### *Asian Almond Salad*

Marinated and grilled chicken breast on a bed of greens, bell peppers, water chestnuts, carrots, scallions, roasted almonds and crisp wonton noodles with sesame ginger dressing.

#### *Cobb Salad*

Fresh Greens, Turkey, Swiss, Black Forrest Ham, Honey Smoked Bacon, Blue Cheese Crumbles, Hard Boiled Eggs, Tomato, and Scallions.

### Drinks

#### *Coke*

#### *Diet Coke*

#### *Sprite*

#### *Bottled Water*